

# Elite Camp Schedule

July 18th - 22nd



**8:00 - 8:30 -> Check In / Shoot Around**

**8:30 - 9:00 -> Ladders - Footwork**

**9:00 - 9:45 -> Form Shooting - Ball Screen Drills**

**9:45 - 9:50 -> Water Break**

**9:50 - 10:30 -> OP Counselor Lead Stations**

**10:30 - 11:10 -> League Games**

**11:10 - 11:40 -> Lunch**

**11:40 - 12:20 -> Competitive OP Practice Drills**

**12:20 - 12:50 -> Small Sided 2v2 - 3v3 Concept Games**

**12:50 - 1:30 -> League Games**

**1:30 -> Dismissal**