

Shooting Camp

August 7th - 10th



8:30 - 9:00 -> Sign In - Free Shoot

9:00 - 9:30 -> Form Shooting - Using Ball Screens

9:30 - 10:00 -> Footwork - Shooting off the Catch Drills

9:55 - 10:35 -> Stations (Counselor Lead)

10:35 - 11:10 -> Full Court Games #1 / #2

11:10 - 11:40 -> Shooting Contest of the Day

11:40 - 12:15 -> Full Court Games #3 / #4

12:15 -> Dismissal